

The 3rd Annual Resolution Run

Presented by:



January 29, 2011 1 mile & 5K Walk / Run

Keep those resolutions in check!

BENEFITING



DATE: Saturday, 01/29/2011

TIME: 8:00 a.m. – Start of 1-mile race
8:30 a.m. – Start of 5K race
Race day registration & number pickup begins at 7:00 a.m.

PLACE: Terrabella – 100 Terra Bella Blvd., Covington, LA
Hwy 1085 ~ one mile west of Hwy. 21
Scenic course in unique beautiful urban community!

ENTRY FEES: (checks payable to: 15th Street Flyers)
Pre-Registration: (post-marked by January 21, 2011)
\$ 8.00 Youth (age 16 & under)
\$ 15.00 Adult (age 17 & over)
\$ 55.00 Maximum per family (entrants from same household)

Payable by check to:
15th Street Flyers, C/O: 49 Karen Drive, Covington, 70433

Race Day Registration:
\$ 10.00 Youth (age 16 & under)
\$ 20.00 Adult (age 17 & over)
\$ 65.00 Maximum per family (entrants from same household)
\$15.00 Day of race no t-shirt entry fee will be available

IN PERSON: (must be dropped off by 01-21-2011):
Varsity Sports, 2021 Claiborne St., Mandeville, La.
985.624.8200 ~ Checks only, please!

Entry fees are non-refundable for event cancellations!

T-SHIRTS:
T-shirts will be given out to all pre-registered entrants on the day of the race. Entrants registered after January 21st are not guaranteed sizes and may have to pick up shirt two weeks after race should shirts run out. (Pick up location to be announced on race day)

AWARDS:
1 Mile: Overall Male and Female; 1st, 2nd place in age groups 5-under, 6-7, 8-9, 10-11, 12-13, 14-16 (male & female).
5K: Overall Male & Female; Master Male & Female; Overall Race Walker Male & Female and age group awards for 1st, 2nd Place in age groups, 16 & under thru 70 & Over (male & female)

REFRESHMENTS:
Post race refreshments, including local food and beverages will be available to all registered participants.

*Race Administered by:
Terra Bella Village and
The 15th Street Flyers Running & Walking Club*

FOR RACE INFORMATION CALL:
Diane Weiss: 985.893.3684 or 504.460.2991
Jeff Sonnenberg: 985.871.7171 or 985.774.0662

Race Applications available: www.15thstreetflyers.org or www.terravillavillage.com

DETACH BOTTOM PORTION AND RETURN WITH PAYMENT (PLEASE COMPLETE ONE FORM PER PERSON)

___ \$8.00 Youth (16 & under) registered by 1/21/2011 ___ \$ 55.00 Family Max Registered by 1/21/2011
___ \$10.00 Youth (16 & under) race day
___ \$15.00 All entrants registered by 1/21/2011 ___ \$ 65.00 Family Max Race Day
___ \$20.00 All entrants race day
___ \$15.00 Race Day No T-shirt entry. Checks payable to: 15th Street Flyers, 49 Karen Drive, Covington, La. 70433

Entry fees are non-refundable for event cancellations!

PLEASE PRINT CLEARLY:

Last Name _____ First Name _____ MI _____
Street Address/Apartment Number _____ City, State, Zip Code _____
Sex M _____ Sex F _____ Telephone Number _____ Date of Birth _____ Age _____ Walker: yes _____ no _____
Shirt Size: _____ Email Address _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to the run. I assume all the risks associated with running in this event including but not limited to my health, accidents, contact with other participants, the effects of weather, including high heat and/or humidity, traffic conditions of the road and other hazards, known and unknown, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in considerations of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, release, hold harmless and agree to indemnify the Parish of St. Tammany, Terra Bella Village, LLC, the 15th Street Flyers, Mary Bird Perkins Cancer Center and all sponsors, their agents, employees, members, representatives and successors from and against all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: By participant or Parent or Guardian if under 18 _____ DATE _____

Race Number